

Mental Health Shared Care

Client Information

Coordinated care services that enhance the physical and mental health of people suffering complex and severe mental illness.

What is the Mental Health Shared Care Program?

The Mental Health Shared Care program provides therapeutic care and support, including therapy - for people who have been diagnosed with a serious mental illness. The program involves you (the client), any other individual or support service (e.g. family, significant other etc.), your GP and mental health clinician working together to improve your overall physical and mental health.

Who Can Access the program?

Adults aged 16+ who have been diagnosed with a serious mental health condition.

What to Expect:

The first appointment will occur with a suitably qualified Registered Nurse who will spend the session discussing what you are struggling with and how this is affecting your life. They will then work with you to identify goals to achieve over the course of treatment. You will meet with the Clinician on a regular basis, depending on the nature and severity of the presenting problem(s).

You can expect to receive:

- Individual therapeutic mental health intervention
- Access to therapy
- Collaborative approach to care with your GP and local hospital networks
- Support in accessing the most appropriate service and supportive referral pathways
- Client centered approach to care
- Confidential service
- Excellent service provision from a highly skilled and qualified clinician

Fees and Location:

This service is free and available at the following locations:

Berri – FocusOne Health, 3 Riverview Drive Berri

Mount Gambier – FocusOne Health, 13A Sturt Street Mount Gambier

Referral:

To access this service, visit your GP and speak about a GP Mental Health Treatment Plan referral; your GP will then send your referral to FocusOne Health.

Referrals are also accepted from Inpatient Mental Health Units and Community Mental Health teams.

If you are in need of immediate care or in an emergency situation phone 000. FocusOne Health is not a crisis or emergency service. This information flyer should be read in conjunction with FocusOne Health's Customer Service Charter and Consumer Information Flyer.

Funded by

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