

# Integrated Primary Care (IPC)

## Client Information

***Improving health outcomes for people with or at risk of chronic disease through coordinated services in targeted regions of South Australia***

### **What is the IPC Program?**

The IPC team provides client care coordination to assist those with, or at risk of a chronic condition.

The IPC program is designed to walk alongside the client to meet their health goals; assisting them to access condition specific treatment, health education and self-management strategies. Additionally, IPC offers multi-disciplinary care and lifestyle interventions that assist patients in managing risk factors, for example, smoking, nutrition, alcohol use and physical activity.

### **Who Can Access the program?**

People of any age that have been diagnosed with or are at risk of a chronic disease.

### **What to Expect:**

- The client's GP and/or Practice Nurse will discuss the IPC Program with the client
- A referral will be sent to the IPC team
- A member of the IPC team will contact the client to assist them in accessing services that support with self-management of health

### **Clients Can Expect:**

- Care coordination for up to 12 months
- Collaborative approach with general practice and allied health professionals
- Support in accessing services
- Client centred approach
- Confidential service
- Excellent service provision

### **Fees and Location:**

This service is funded by Country SA PHN and is free to clients.

- Servicing all towns with populations less than 8,000 in the South East, Southern Mallee, Mid Murray and Coorong.
- Telehealth Dietetics, Diabetes Education and Lifestyle Interventions available in all regions where applicable.
- Established Allied Health providers in the following locations:
  - Bordertown - Meningie - Robe - Lameroo
  - Karoonda - Millicent - Tailem Bend - Mannum
  - Keith - Pinnaroo - Kingston

### **Referral:**

To access this service clients can contact their local general practice for a GP referral.

*If you are in need of immediate care or in an emergency situation phone 000. FocusOne Health is not a crisis or emergency service. This information flyer should be read in conjunction with FocusOne Health's Customer Service Charter and Consumer Information Flyer.*

Funded by



An Australian Government Initiative



**FocusOne**  
Health

3 Riverview Drive, Berri SA 5343

t 08 8582 3823

f 08 8582 3190

[www.focusonehealth.com.au](http://www.focusonehealth.com.au)

e [info@focusonehealth.com.au](mailto:info@focusonehealth.com.au)

13a Sturt Street, Mount Gambier SA 5290

t 08 8724 7696

f 08 8582 3190